



MASSACHUSETTS  
GENERAL HOSPITAL

DERMATOLOGY



# LASER AND COSMETIC CENTER

A Patient's Guide to Cosmetic Dermatology



# WELCOME

## Experts You Can Trust

The Massachusetts General Hospital Dermatology Laser and Cosmetic Center's depth of experience is unmatched. No other center in Boston offers the extensive list of services available at Mass General, with the expertise of renowned Mass General physicians. Our board certified dermatologists with extensive laser and cosmetic training perform the treatments, allowing our center to offer top quality services while ensuring your safety and satisfaction.

In collaboration with the Wellman Center for Photomedicine, we continue to make major contributions to innovative technologies by developing the theory behind techniques such as non-scarring laser surgery, fractional resurfacing and fat removed by controlled cooling—the latest body contouring technique. From inception, our physicians are actively involved in the development of new technologies, earning them the reputation as international leaders in the field—the experts other dermatologists often turn to for clinical questions.

[massgeneral.org/lasercosmetics](http://massgeneral.org/lasercosmetics)

617-724-6960

*I am always delighted with the doctor's concern for safe and effective procedures and outcomes.*



## Helping You Look Your Best... Restoring a healthy, youthful appearance

Collagen loss is a part of the natural aging process, and may result in wrinkles, fine lines and loss of facial volume. Fortunately, there are constant breakthroughs in cosmetic and anti-aging techniques to address your concerns—many of which were discovered right here at Mass General.

With our extensive collection of lasers and the latest anti-aging therapies on-site, our center offers safe, effective skin treatments. A consultation is required so that our cosmetic dermatologists can specifically tailor a treatment that is best for each patient.

### Laser and Light-Based Sources

Lasers and light-based sources can address many cosmetic concerns; including improving overall skin texture, tightening the skin, and treating many skin conditions such as sun damage, brown spots, freckles, skin discolorations, acne, rosacea, broken blood vessels and port wine stains, as well as for laser hair removal and tattoo removal.

No one laser treats all conditions—having a variety of lasers on-site allows our physicians to provide individual top quality service in every area of the cosmetic dermatology field.

Compared to invasive surgical alternatives, our procedures are performed in our office with little to no downtime, allowing patients to return to their lives almost immediately.



*The doctor is thorough, caring,  
listens and spends time—  
I get results from the treatment.*



## Dermal Fillers and Combination Treatments

More and more men and women are using Botox® in combination with dermal (facial) fillers and laser treatments to aid in restoring a youthful appearance.

Newer generations of injectable dermal fillers are available to aid in the way we treat the aging process. Available in a variety of thicknesses, these soft tissue fillers can restore volume to cheeks, chins and lines around the nose and mouth. We offer microcannula treatments to help decrease discomfort and bruising when using fillers

## Non-Invasive Procedures to Tighten Skin

Our office offers multiple types of skin tightening procedures that do not require injections, using unique radio frequency technology, laser or ultrasound technology. These treatments stimulate the body's natural healing process to tighten and firm skin. The full effect of skin firming treatments can be seen over several subsequent months.

## Body Contouring

CoolSculpting® is the latest technology that decreases small areas of fat. This non-invasive procedure is intended for people who are physically fit, but have small stubborn areas of fat (love handles, abdomen, small areas of the upper back and double chin).

We also offer Tumescant Liposuction for body contouring (not weight loss). This cosmetic procedure removes fat deposits from the stomach, hips, thighs, buttocks and neck.

**PLEASE NOTE, THESE ELECTIVE COSMETIC DERMATOLOGY SERVICES ARE NOT COVERED BY HEALTH INSURANCE.**

## Cosmetic Dermatology Corrective Treatments The Dermatology Laser and Cosmetic Center offers a wide array of services to improve your skin. These services include:

- Facial (dermal) fillers (JUVÉDERM®, VOLUMA®, Restylane®, Belotero Balance®, Sculptra®)
- Botox®, Xeomin®, Dysport®
- Fractional laser resurfacing\*
- Co<sub>2</sub> and erbium laser resurfacing
- Treatment of broken blood vessels, rosacea, port wine stains, hemangiomas and venous malformations\*
- Laser treatments for brown spots, freckles and sun damaged skin\*
- Laser hair removal\* (*For all skin types, including darker skin tones*)
- Treatments to correct fine lines and wrinkles\*
- Treatments to minimize the look and feel of scars, including surgical
- Tattoo removal\* (*including picosecond lasers*)
- Treatment of skin laxity (*skin tightening*)
- Treatment of melasma, cafe au lait macules
- Treatment for acne and acne scars\*
- Leg vein treatments, including sclerotherapy and lasers
- Tumescant liposuction
- Chemical peels
- CoolSculpting® for non invasive fat removal\* (body contouring, double chin); SculpSure®
- Liposonix® (body contouring)
- Kybella® Injections (double chin fat reduction)

Among (but not limited to) the many therapies that we offer are Fraxel® Restore, Fraxel® DUAL, Fraxel® Repair, Q Switched Ruby, Erbium Lasers, Halo™, VBeam®. Thermage®, Excel V™, Gentle Max Pro®, Vectus™, Icon™ Max G, Fractora™, Clear + Brilliant®, Ultherapy®, and SkinTyte, II™.

\* indicates technologies developed at Mass General

For more information about these and additional services, please visit [massgeneral.org/lasercosmetics](http://massgeneral.org/lasercosmetics)



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