

MASSACHUSETTS GENERAL HOSPITAL WHOLE BLOOD DONOR ELIGIBILITY GUIDELINES

Weight: At least 110 lbs and Maximum 350 lbs
Age: 16 & older - 16-year olds need parental permission form. If over 65 and have not donated in the last 5 years, please call us.
Last Donation: At least 56 days ago (8 wks)
Oral Intake: Donors should eat normally and drink plenty of water before presenting to donate blood.

Medical Conditions	Can I Donate?	Medical Conditions	Can I Donate?
Acupuncture	Yes	Mononucleosis, when recovered	Yes
Active allergies (no symptoms today)	Yes	Piercing, if done with sterile equipment	Yes
AIDS, exposure to AIDS, positive HIV test	No	Pregnant	No
Angina	No	Sutures/stitches still in	No
Arthritis		Tattoo more than 3 months ago	Yes
Osteo	Yes	Tooth extraction – no drainage	Yes
Rheumatoid	Yes	Traveled/lived in UK for a total of 3 mos. btw 1980 and 1996	No
Asthma (no symptoms w/in 48 hrs)	Yes	Traveled/lived in France or Ireland for a total of 5 years from 1980-2001	No
Blood Transfusion, more than 3 months ago	Yes	Tuberculosis, when recovered and off medication 1 yr	Yes
Cancer: 1 year after last treatment	Yes		
Cold (active)	No		
Exposure to a cold but no symptoms, feel well	Yes		
Diabetes	Yes		
Dental work	Yes		
Electrolysis	Yes		
Epilepsy or seizures, on or off medication, no episode w/in 3 mos.	Yes		
Fainted once from giving blood	Yes		
Fever	No		
Flu	No		
Gonorrhea (w/in last 3 months)	No		
Heart attack within last 12 months	No		
Household contact/exposure to hepatitis more than 12 months ago	Yes		
High blood pressure-controlled w/ medication	Yes		
Malaria: Travel in malarial area more than 3 months ago	Yes		
Residence in malarial area more than 3 yrs ago	Yes		
Lyme Disease 1 year after treatment	Yes		
Tick bite – no diagnosis – 3 months after treatment	Yes		
Medications			
		Antibiotics, more than 24 hrs ago	Yes
		Antibiotics for acne	Yes
		Accutane for acne w/in 4 wks	No
		Allergy pills	Yes
		Aspirin/Advil	Yes
		Birth control pills	Yes
		IV Street drugs w/in last 3 months	No
		Proscar w/in 4 wks	No
		Tegison for Psoriasis	No
Vaccines			
		Chicken Pox Vaccine, more than 4 wks ago	Yes
		Measles, Mumps, Polio (oral), Yellow Fever more than 2 wks ago	Yes
		Flu Vaccine	Yes
		Rubella Vaccine, more than 4 wks ago	Yes
		MMR Vaccine, more than 4 wks ago	Yes
		Tetanus Vaccine, more than 3 wks ago	Yes
		SARS-CoV-2 Vaccine (inactivated or RNA based)	Yes
		Hepatitis B Vaccine more than 28 days ago	Yes

All DONORS MUST BRING A PHOTO ID WHEN DONATING

For answers to medical eligibility questions, call the Blood Donor Center at 617-726-8171