

MGH SOCIAL-EMOTIONAL COMPETENCE SCALE[®]

(INFORMANT-RATED MEASURE)

Subject's Name: _____

Date: _____

Informant's Name: _____

Relationship to Subject: _____

Instructions:

Please complete the following questions based on the behaviors:

- Observed in the past month
- Relative to behavior expected of his/her peers
- Observed rather than interpreting his/her thoughts

	When Appropriate						
	All the time	Almost Always	Often	Sometimes	Occasionally	Rarely	Never
1. Did s/he share interests/activities with peers (group activities, team sports)?	0	1	2	3	4	5	6
2. Was s/he able to control odd, repetitive behaviors in social situations?	0	1	2	3	4	5	6
3. Was s/he able to tolerate frustration?	0	1	2	3	4	5	6
4. Did s/he engage in small talk/chit-chat (goalless conversations) when appropriate?	0	1	2	3	4	5	6
5. How often did s/he respond appropriately to facial expressions?	0	1	2	3	4	5	6
6. Did s/he offer/seek comfort from others when expected?	0	1	2	3	4	5	6
7. Did s/he seek approval from others when appropriate?	0	1	2	3	4	5	6
8. How often was s/he spontaneous?	0	1	2	3	4	5	6
9. Was s/he able to take advice or direction when necessary?	0	1	2	3	4	5	6
10. Did s/he understand other people's point of view?	0	1	2	3	4	5	6
11. How often was s/he able to "read between the lines"?	0	1	2	3	4	5	6
12. When given the chance, did s/he spend time talking with or about peers?	0	1	2	3	4	5	6
13. Was s/he able to change his/her routine as needed?	0	1	2	3	4	5	6
14. Did s/he try new foods or pursue new activities when given the chance?	0	1	2	3	4	5	6
15. Did s/he limit his/her time with preferred activities when required?	0	1	2	3	4	5	6
16. How often did s/he respond appropriately to jokes/puns?	0	1	2	3	4	5	6
17. Was s/he generally interested in others' lives?	0	1	2	3	4	5	6
18. Did s/he express his/her feelings when appropriate?	0	1	2	3	4	5	6
19. Was s/he able to address problems through multiple approaches?	0	1	2	3	4	5	6
20. How often did s/he respect social and personal boundaries (physically/with socially sensitive issues)?	0	1	2	3	4	5	6
21. Did s/he appropriately make eye contact during interactions or to get someone's attention?	0	1	2	3	4	5	6
22. Was s/he in sync with cultural trends (fashion, fads, etc.)?	0	1	2	3	4	5	6
23. Did his/her tone of voice match the emotion s/he was expressing?	0	1	2	3	4	5	6
24. How often did s/he respond appropriately to sarcasm?	0	1	2	3	4	5	6
25. Was s/he able to relate to others' emotions?	0	1	2	3	4	5	6
26. Did s/he tolerate uncertainty/unstructured time?	0	1	2	3	4	5	6
27. How often did s/he smile back appropriately?	0	1	2	3	4	5	6
28. Did s/he engage in back and forth conversation when talking to others?	0	1	2	3	4	5	6
29. Were his/her facial expressions appropriate for a given situation?	0	1	2	3	4	5	6
30. Did s/he reflect on his/her behavior when appropriate?	0	1	2	3	4	5	6
31. Was s/he open to compromise when needed?	0	1	2	3	4	5	6
32. Was s/he able to control his/her feelings (excitement, anger, anxiety, etc.) when appropriate?	0	1	2	3	4	5	6
33. Did s/he show concern for or comment on others' feelings when appropriate?	0	1	2	3	4	5	6
34. Was s/he able to appropriately apologize?	0	1	2	3	4	5	6
35. How often was his/her behavior socially appropriate?	0	1	2	3	4	5	6
36. Was s/he able to change his/her mind without much difficulty when necessary?	0	1	2	3	4	5	6
37. Was s/he able to tolerate the sensory issues that s/he is typically sensitive to? (touch, pain, sound, smell, taste, visual)	0	1	2	3	4	5	6

Rater's Signature: _____

Total Score: _____