



## Safe Driving Resources

Compiled as part of the Geriatric Medicine Town Hall held on October 31, 2024

See the recording on our website:

<https://www.massgeneral.org/medicine/palliative-care-and-geriatric-medicine/resources/virtual-town-halls>

“Driving Safely & Planning for Driving Retirement”

With Michele Ellicks, Community Outreach Coordinator, Registry of Motor Vehicles, Massachusetts Department of Transportation

Visit [Mass.Gov/RMV](https://www.mass.gov/RMV) for more information

<https://www.mass.gov/orgs/massachusetts-registry-of-motor-vehicles>

### Warning Signs of Unsafe Driving

- Difficulty seeing at night, dusk, or dawn
- Difficulty keeping up w/ speed limit
- Being intimidated by passing vehicles
- Easily distracted while driving
- Difficulty seeing police officer on detail
- Difficulty following detours
- Getting lost on once familiar roads
- Scratches, dings, dents or near misses

*Sources: “RMV Safe Driver Checklist” and “We Need to Talk”*

### Regulate/Limit Driving

- Self-Imposed limits
- Drive familiar roads
- Avoid driving at night
- Avoid high traffic hours
- Avoid mobile devices while driving

## Resources

- 65+ RMV Appointment Line: 857-368-8005, M-F, 9am-5pm
- [Your Health and Driving Safely](#)  
<https://www.mass.gov/info-details/older-drivers>
- [MassMobility Transportation Resources](#)  
<https://www.mass.gov/orgs/massmobility>
- [We Need to Talk - The Hartford/Safe Driving for a Lifetime](#)  
<https://www.thehartford.com/resources/mature-market-excellence>
- [Regional Transportation Authorities](#)  
<https://www.mbta.com/accessibility/regional-transportation-authorities>
- [License Renewal Application](#)  
<https://www.mass.gov/how-to/renew-your-drivers-license>  
**In-person** license renewal is required starting at age 75 and a vision screening test is required.  
By appointment only at RMV or AAA (members only)

## Driver Training Programs & Resources

- [AARP Driver Safety Program](#)  
<https://www.aarpdriversafety.org/>
- [AAA Roadwise Driver](#)  
<https://exchange.aaa.com/safety/senior-driver-safety-mobility/aaa-roadwise-driver/>
- [Car-Fit.org](#) - AOTA, AAA & AARP Event  
<https://car-fit.org/>
- Driving Schools: On-road Instruction
- Driving Evaluation at Hospital/Rehab
- [Massachusetts Driver's Manual](#) [\[links to a pdf\]](#)  
[https://www.mass.gov/lists/drivers-manuals?\\_gl=1\\*12t4piw\\*\\_ga\\*MTU1NzYwODE4My4xNzMwNDg2MjI0\\*\\_ga\\_MCLPEGW7WM\\*MTczMDQ4ODE5OC4xLjAuMTczMDQ4ODE5OC4wLjAuMA..#class-d-\(passenger\)-driver's-manuals-](https://www.mass.gov/lists/drivers-manuals?_gl=1*12t4piw*_ga*MTU1NzYwODE4My4xNzMwNDg2MjI0*_ga_MCLPEGW7WM*MTczMDQ4ODE5OC4xLjAuMTczMDQ4ODE5OC4wLjAuMA..#class-d-(passenger)-driver's-manuals-)

## Professional Driving Evaluations

- Hospitals and Rehabilitation Centers
- Out-patient basis
- Cost \$200 - \$700
- May share results with RMV
- Money well spent if it prevents a crash, injury, and/or death

## RMV Competency Road Test - costs \$35

- [Request for Medical Evaluation form](#) [\[links to a pdf\]](#)  
<chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https://www.mass.gov/doc/request-for-medical-evaluation/download>
- Requested by health care provider or license holder
- Submit form to RMV Medical Affairs Bureau
- May result in loss of license; request for Competency Road Test at RMV: or a limited or full licensure.