

# There is No Health without Mental Health

**Date:** Wednesday, July 19, 2023

**Time:** 12–1 pm (Eastern Time)



Mental health is an integral and essential component of health. However, Black, Indigenous, and People of Color (BIPOC) communities face inequities in the access to mental health treatment and services. In recognition of National Minority Mental Health Awareness Month, Dr. Nhi-Ha Trinh will discuss the unique mental health challenges faced by BIPOC communities and review resources for individuals and communities to support their mental health.



## Featured Speaker: Nhi-Ha Trinh, MD, MPH

Dr. Nhi-Ha Trinh is an outpatient psychiatrist at Mass General and Associate Professor of Psychiatry at Harvard Medical School. She is devoted to educating students, trainees, staff, and faculty in cultural humility and trauma-informed care to improve patient care, the hospital workplace culture, and the medical learning environment. Dr. Trinh has served as faculty at Mass General and Harvard Medical School since 2007.

- This program is free and open to Mass General patients, families, staff, and the general public.
- To attend this program, click on this link: <https://partners.zoom.us/j/81504317778>
- Please submit questions you may have about the topic before the program to: [PFLC@partners.org](mailto:PFLC@partners.org) so that the speaker may address them during the session.

For more information, call 617-724-7352 or email [PFLC@partners.org](mailto:PFLC@partners.org)



### Blum Center Program Schedule

Scan this QR code with your phone's camera to see our program schedule online

