

Spiritual Care Series

Spirituality and Mental Health

Date: Monday, January 27, 2025

Time: 12–1 pm (Eastern Time)



Whether it is learning what gives your life purpose, creating rituals to mourn a loss, or finding a community where you can authentically share your beliefs, values, and doubts – spirituality and spiritual practice can be powerful resources for coping when we are struggling with our mental health. Spiritual Care Provider, Rev. Erica Rose Long, will lead a discussion about the role of spirituality in caring for ourselves and one another as we navigate mental health changes and challenges.



Featured Speaker: Rev. Erica Rose Long, MDiv, BCC

Rev. Long is a Senior Staff Chaplain and Clinical Specialist of Spiritual Care at the Massachusetts General Hospital. She specializes in spiritual care for patients with a psychiatric illness and neurological conditions. She is also an ordained Unitarian Universalist minister affiliated with Arlington Street Church in Boston, MA.

- This program is free and open to Mass General patients, families, staff, and the general public.
- To attend this program, click on the link or scan the QR code:

<https://partners.zoom.us/j/82786592598>



For more information, call 617-724-7352 or email PFLC@partners.org



Blum Center Program Schedule

Scan this QR code with your phone's camera to see our program schedule online

