## Discover the Blum Center

In Partnership with the Slavin Academy



Available to patients, families, and our community:

- Information on upcoming programs
- Q&A sessions to answer your questions
- Insights into the educational resources

Our clinicians will be available to educate you on:

- Checking your blood pressure at home
- Understanding how it relates to your heart health
- Monitoring your health at home

Date: Tuesday, January 28, 2025

Time: 9:00 AM - 2:00 PM

Location: Blum Center White 110

All are welcome. Light refreshments will be served.

For more information, contact the Blum Center at 617-724-7352 or <a href="mailto:PFLC@partners.org">PFLC@partners.org</a>

Upcoming in-person educational programs at the Blum Center:

• February: Lifestyle Changes for Heart Health

• March: GLP1-Agonists for Obesity Treatment

• April: Parkinson's Disease

• May: Skin Cancer and Sun Safety

• June: Alzheimer's Disease



Blum Center website: www.massgeneral.org/blum-center

Scan the QR code for dates as they become available on the Blum Center website.

