

## Cancer Center Series

# Caring for Yourself While Caring for Someone with Cancer

**Date:** Wednesday, January 22, 2025

**Time:** 12–1 pm (Eastern Time)



We care about the family and friends that help provide care for our patients at Mass General Cancer Center and recognize the emotional and physical toll this can take. This session will explore sources of stress when caring for someone with cancer, introduce strategies to manage both the practical and emotional challenges of caregiving, provide recommendations for increasing self-care in caregivers' daily lives, and identify helpful resources for caregivers. You will also get a first-hand glimpse into the innovative work of our Caregiver Research Program.



### Featured Speaker: Kelcie D. Willis, PhD

Dr. Willis is a clinical psychologist in the Department of Psychiatric Oncology at Mass General Cancer Center. She is also completing a National Cancer Institute-funded research fellowship in Training in Oncology Population Sciences (TOPS) at the Dana Farber/Harvard Cancer Center. As a member of the Cancer Outcomes Research & Education (CORE) program at Mass General, she collaborates with an interdisciplinary team of investigators to develop supportive care interventions for both patients with cancer and their caregivers.

- This program is free and open to Mass General patients, families, staff, and the general public.
- To attend this program, click on the link or scan the QR code:

<https://partners.zoom.us/j/82965554405>



- This program is a collaboration between the Maxwell & Eleanor Blum Patient and Family Learning Center and the Mass General Cancer Center.

For more information, call 617-724-7352 or email [PFLC@partners.org](mailto:PFLC@partners.org)



### Blum Center Program Schedule

Scan this QR code with your phone's camera to see our program schedule online

