

Diabetes Overview: Type 1 and Type 2, Nutrition Pearls and Treatment Options

Date: Wednesday, January 31, 2024

Time: 12–1 pm (Eastern Time)



Have you wondered if nutrition and treatment options differed based on your type of diabetes? In this session, we will review the two common types of diabetes – type 1 and type 2 diabetes. We will also discuss how nutrition interacts with treatment options and how information about your blood sugar levels can help us improve diabetes control.



Featured Speaker: Thao O'Connor, NP

Thao is a nurse practitioner at Mass General. She sees patients on the inpatient units and at the Diabetes Center. Thao has been working at Mass General since 2002. She strives to provide practical diabetes education to patients and staff to use in daily life.

- This program is free and open to Mass General patients, families, staff, and the general public.
- To attend this program, click on this link: <https://partners.zoom.us/j/84546240830>
- Please submit questions you may have about the topic before the program to: PFLC@partners.org so that the speaker may address them during the session.

For more information, call 617-724-7352 or email PFLC@partners.org



Blum Center Program Schedule

Scan this QR code with your phone's camera
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