

Cancer Center Series



All programs are free and open to patients, families, staff, and the general public.

Please submit questions you may have about these topics before the programs to: PFLC@partners.org so that the speakers may address them during the sessions.

For more information, call the Blum Center at 617-724-7352 or email PFLC@partners.org

The Cancer Center Series is a collaboration between the Maxwell & Eleanor Blum Patient and Family Learning Center and the Mass General Cancer Center.

Lifestyle Medicine for Patients and Caregivers

Friday, November 1, 2024

12–1 pm (Eastern Time)

Link to attend: <https://partners.zoom.us/j/87583723420>

Featured speakers: Loren Winters, MSN, APRN-BC, OCN, DiplACLM

Rachel Millstein, PhD, MHS

Carol Sullivan, MS, RD, CSO, LDN

MGH Cancer Center Lifestyle Medicine Program



Lifestyle medicine is the use of healthy lifestyle behaviors to improve both physical and mental health. Lifestyle medicine can aid recovery in people with cancer and help to reduce the risk of other chronic diseases. Healthy lifestyle behaviors are also important self-care for caregivers supporting their loved ones with cancer. In this presentation, three oncology (cancer) care providers from the MGH Cancer Center Lifestyle Medicine Program will describe what lifestyle medicine is and give practical tips for its use. We will also be joined by a patient who will share her lifestyle medicine journey as a program participant and a caregiver.



Blum Center Program Schedule

Scan this QR code with your phone's camera to see our program schedule online



I Was Diagnosed With Pancreatic Cancer, What's Next?

Monday, November 4, 2024

12–1 pm (Eastern Time)

Link to attend: <https://partners.zoom.us/j/85409976095>

Featured speaker: Laurie Miller, DNP, APRN-BC, CNRN
MGH GI Oncology Nurse Practitioner



Pancreatic cancer is the fourth leading cause of cancer in the United States. Patients and their families are often full of questions and fears about what the future holds. Join us while we discuss prevention, diagnosis, medical treatment, and some of the emotional concerns tied to this disease.

Proton Therapy: A Novel Radiation Therapy Pioneered by MGH

Wednesday, November 6, 2024

12–1 pm (Eastern Time)

Link to attend: <https://partners.zoom.us/j/81536647348>

Featured speaker: Helen A. Shih, MD, MS, MPH, FASTRO
Medical Director, MGH Proton Therapy Centers
Director, Central Nervous System & Ocular Services,
Department of Radiation Oncology



Proton therapy is a special form of radiation therapy that offers clinical benefits for some patients. MGH is a pioneer of proton therapy and offers the only treatment facility in New England. Join us to learn about the history, why it is special, and how it is used today.

Immune Checkpoint Inhibitors: What Patients Should Know About Living with Immunotherapy

Wednesday, November 13, 2024

12–1 pm (Eastern Time)

Link to attend: <https://partners.zoom.us/j/81605874018>

Featured speakers: Sherin Rouhani, MD, PhD
Ross Merkin, MD
Riley Fadden, FNP
Alexandra Sorrentino, DNP
Leyre Zubiri, MD, PhD
Division of Oncology and Hematology, Department of Medicine,
Massachusetts General Hospital, Harvard Medical School



Join us to learn about immunotherapy for cancer treatment. We will discuss how immunotherapy has significantly changed cancer treatment as well as the different types of side effects that can occur with immunotherapy and how to manage them. We will answer common questions, including when immunotherapy can be restarted after side effects and fertility considerations with immunotherapy. We will also discuss survivorship, including steroid side effects, survivorship care plans, and communication with your primary care doctor.



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